Challenging Behaviour
Three hour seminar

WHO SHOULD ATTEND:
- Adoptive parents
- Special guardians
- Long term foster carers
- Social workers
- Friends and family members who wish to support key care givers

Parents, carers and practitioners are becoming increasingly aware of the difficulties that trauma, neglect and Adverse Childhood Experiences (ACEs) can cause for a child’s developing brain. This seminar provides an opportunity for care givers and those supporting them to consider how these brain changes can impact upon children’s behaviour. It also introduces some therapeutic caring approaches which will help carers manage their own feelings around their children’s behaviour and some practical strategies for managing and changing challenging behaviour.

Comments from participants on previous courses:-
“The Trainer always manages to spend time listening to our individual experiences and concerns whilst delivering these courses, and it makes all the difference. I really benefit from attending these courses in terms of knowledge, advice and support. Thankyou”.

“I realised that the way I was responding to my son’s outbursts was actually causing him to escalate more, now I have a bank of strategies to use to keep my own lid down while trying to help bring his lid down too.”

“I feel more confident explaining to friends, family and teachers the ‘why’ behind my daughter’s behaviour – and I now respond to her emotional age, rather than do what Super Nanny tells us on the TV.”

LEARNING OBJECTIVES

By the end of this one day awareness raising workshop participants will:
- Considered how they define challenging behaviour
- Reflected on the unmet needs beneath challenging behaviours
- Identified a range of strategies to address challenging behaviour

TRAINER:

Philippa Williams, Early Intervention and Support Manager for Adoption UK in Wales. Philippa is a qualified trainer, NVR practitioner and parent consultant for Adoption UK. She also sits on the IRM Cymru panel and is a consultant trainer for The Fostering Network and Barnardos. Prior to joining Adoption UK, Philippa managed a project at The Fostering Network for 10 years.

CONTACT DETAILS TO BOOK A PLACE: Wales@adoptionuk.org.uk